

Growing Together in Prayer

Dates for 'Powerhouse' meetings

Tuesday 10 July	7 - 7.30 pm	All meetings in church
Tuesday 24 July	2.45 - 3.15 pm	
Tuesday 7 August	7 - 7.30 pm	
Tuesday 21 August	2.45 - 3.15 pm	
Tuesday 4 September	7 - 7.30 pm	

A C T S - a framework for prayer

A	Adoration
C	Confession
T	Thanksgiving
S	Supplication

Just a few prayers

Prayer of St Teresa

Christ has no body now on earth but yours, no hands but yours, no feet but yours. Yours are the eyes through which must look out Christ's compassion on the world. Yours are the feet with which He is to go about doing good. Yours are the hands with which He is to bless men now.

The Difference - Author unknown

I got up early one morning and rushed right into the day. I had so much to accomplish that I didn't have time to pray. Problems just tumbled about me and heavier became each task. Why doesn't God help me I wondered? He answered, "You didn't ask". I wanted to see joy and beauty, but the day toiled on, grey and bleak. I wondered why God didn't show me. He said, "But you didn't seek". I tried to come into God's presence. I used all my keys at the lock. God gently and lovingly chided, "My child you didn't knock". I woke up early this morning and paused before entering the day. I had so much to accomplish that I had to take time to pray.

From 'A Cry for Mercy' by Henri J M Nouwen

Dear Lord, give me a growing desire to pray. It remains so hard for me to give my time generously to you. I am still greedy for time - time to be useful, effective, successful, time to perform, excel, produce. But you O Lord ask nothing else than my simple presence, my humble recognition of my nakedness, my defenceless confession of my sins, so that you can let the rays of your love enter my heart and give me the deep knowledge that I can love because you have loved me first, that I can offer acceptance because you have accepted me first and that I can do good because you have shown me your goodness first.

What holds me back? What makes me so hesitant and stingy, so careful and calculating? Do I still doubt that I need nothing besides you? Do I still want to build up some kind of reserve in case you might not come through? Please, Lord, help me to give up these immature games, and let me love you freely, boldly, courageously and generously. Amen.

Some arrow prayers

- Forgive us, Lord, for being afraid and give us your strength.
- We pray that in our words to each other we may be simple, sparing, loving, wise. May we live in the way of Christ, using words in his way.
- Lord, I believe, help thou my unbelief.
- Help us, Lord, to make our words sparkle with your joy.

- If, Lord, we choose to wash other people's feet, let there be no vanity in us.
- Lord, give me the grace to act justly and to love mercy and to walk humbly with you, my God.
- God, be merciful to me a sinner.
- Lord, he whom you love is ill.
- When earning a living takes all our strength, O Lord, help us to cultivate times of quiet and tune our minds to yours. So give us power and so make us calm.
- Lord, you know that I love you.
- Dear God, be good to me. The sea is so wide and my boat is so small.
- Use your own favourite sentence(s) from Scripture

If you'd like more information about prayer triplets/prayer chain please have a word with the Vicar (810447), Gill Metcalfe (811010) or Sue Suter (466582).

Book suggestions

Bacon Sandwiches *and* Salvation by Adrian Plass

A very funny look at Christian life

The Only Necessary Thing - Living a Prayerful Life by Henri J M Nouwen

Henri Nouwen's thoughts on prayer in words of wisdom, inspiration and encouragement

Prayers that Prevail - The Believer's Manual of Prayers by Clift Richards & Lloyd Hildebrand

A practical manual for building an effective prayer life using key passages from scripture

Prayers for all Seasons by Nick Fawcett

A comprehensive resource for public worship

The Road of Life - Reflections on Searching and Longing by David Adam

The former Vicar of Holy Island, Lindisfarne, David Adam has written many books on prayer and spirituality in the Celtic tradition. The Road of Life tells the stories of some of the visitors to Lindisfarne

Books available in All Saints Library

The Open Gate by David Adam

Celtic prayers for growing spiritually

Pray Your Way by Bruce Duncan

Explores the relationship between personality type and prayer, using the Myers Briggs Type Indicator

Prayers & Promises for Every Day by Corrie ten Boom

A collection of daily prayers and readings

Open to God by Joyce Huggett

Practical guidance on how to prepare for prayer and find stillness

Too Busy Not to Pray by Bill Hybels

This bestseller shows the way into the adventure of prayer

A Lifetime of Blessing by Geoffrey Duncan

An anthology of original prayers and blessings

The Power of a Praying Parent by Stormie Omartian

How to pray through every age and stage of your child's life

Disguises of Love by Eddie Askew

Meditations and prayers